

Hugo&Cie

My life with Ovahimba

Rina Sherman

With Pierre-Albert Ruquier

The Book:

Rina Sherman left for six months but ended up staying for seven long years with the Ovahimba, a cattle farming people that live on both sides of the Kunene River in Namibia and Angola.

Day after day, the people who were destined to be the subjects of an ethnographic study became a real family.

My life with Ovahimba is a moving testimony, very informative, playful and funny about the years spent in the heart of the village of Etanga.

In keeping with her adventure, both anthropological and human, Rina Sherman draws us into a slice of life, the life of a woman, with its doubts, difficulties and complexities, but also its moments of great joy.

Along the winding roads, alone in her 4x4, Rina remembers her years with the Tjambiru family.

My life with Ovahimba is a wonderful chronicle of everyday life in which, little by little, the Headman became her father, the young Kakaendona her closest accomplice and the little Kozonda like a son of her own.

The writer offers both a scientific and a woman's point of view as seen through the lens of her film and photographic cameras.

With this book, she shares the story of this adventure, the privilege of living amongst these endearing men and women.

Exiled from South Africa, **RINA SHERMAN** settled in France in 1984. She became a French citizen in 1989 and in 1990 she completed a doctorate with distinction at the Sorbonne supervised by Jean Rouch.

She is also a filmmaker, photographer and anthropologist, winner of the Medicis "Hors les murs" Prize and a Lavoisier Fellowship for her research in the film archives of Southern Africa and her work on the cultural heritage of the Ovahimba and parent peoples of the Namibia and Angola.

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